

THE TARGET

THE OFFICIAL PUBLICATION OF THE NORTH DAKOTA SHOOTING SPORTS ASSOCIATION

Passing From our Hall of Fame

This June, North Dakota Shooting Sports lost two Hall of Fame members, who had a very positive influence on the course of shooting sports in the state. They were Richard Reiten of Cooperstown and Steven Martin of Emerado.

Richard Reiten was a competitive rifle shooter and one of the primary individuals responsible for keeping the Atchison Rifle Club going. Rick shot high power rifle, smallbore position rifle and silhouette. His true love was outdoor smallbore prone rifle. During the summer months, work permitting, he would travel to matches in the upper Midwest. Rick picked up many club responsibilities from his dad, Ed Reiten. Many of the programs we take for granted had roots in Cooperstown or were nurtured by the Atchison Club. For many of us it was our introduction to highpower rifle silhouette. Since the range only went out to 300 yards, jackrabbits were substituted for the rams. This enabled shooters to use their deer rifles to participate. Light rifle shooters will remember Rick from behind the counter at the unique range in the basement of the Coast-to-Coast store. He would welcome the shooters, get them signed up and help run the match. For many shooters this was the start of a lifetime of participating in the shooting sports. Richard Edwin Reiten died on June 2, 2022 at the age of 79 from advanced Parkinson's disease.

Steven Martin also grew up in a family involved in the shooting sports, particularly, smallbore and highpower rifle. Steve took to target shooting like the proverbial duck to water. He excelled at both smallbore and highpower. He earned his NRA Distinguished Rifle Badge number 826 when he was 29 years of age, a feat that takes most riflemen much of their career to achieve, if they achieve it at all. Most do not. At the height of his shooting career, Steve was stricken with an autoimmune disease, which he would battle the rest of his life. However, Steve never surrendered to the disease. If he could not compete, he could teach. Growing up in a 4-H family, the 4-H BB Gun Program was a natural. In 2006, he took over the position of Chief Instructor for the Forks Rifle Club, a position he would hold until his death. Despite weekly treatments and numerous hospitalizations, Steve never lost his sense of humor or his love for coaching young shooters. During the last couple of years, more of the coaching duties have been taken over by his daughter, Becky, and son, Joe. Whenever, possible Steve was there to help the youngsters figure out this shooting game. Steven Robert Martin died on June 9, 2022 at the age of 62.

Rick and Steve will be missed, but what they accomplished lives on in the shooters that got their start in this sport because of their efforts. Tom Reiten

Comment from Tom Thompson: Many of you younger guys and gals probably never got a chance to meet Rick - he was a great shooter and a greater person. Rick probably won the North Dakota Outdoor Smallbore Prone State Championship more times than anyone else (by far). I

remember one of the last times Rick made it to the Prone State Championship in Grand Forks. By this time his Parkinson's disease was at a fairly advanced stage.... and he still won the 100 Yard any-sight match - he could still hold - and he still holds that State Record today.

Denny Coulter informs us that long time shooter Charlie Christenson passed away at 4AM on August 15th at the age of 90. I do not think that many of our current shooters will remember him, as he quit shooting 20+ years ago.

So, that is three gone, and there may be more about whom we are currently unaware.

On page 5, I make note of four young ladies who will go on to attend college this fall and two of them are unlikely to compete with us for at least a few years.

So, not only are our elderly leaving us, we are also likely to have thinner ranks of juniors to compete here in North Dakota this next year.

Still, we have never really had large numbers of competitive shooters here in North Dakota.

We have just produced a few very good competitive shooters in the precision rifle and pistol arenas. You can see their accomplishments on the national stage. Unfortunately, many do not live in North Dakota any more. But they are native North Dakotans and learned their fundamental shooting skills with the help of our North Dakota coaches.

Rick Jorgenson

“The most dangerous myth is the demagoguery that business can be made to pay a larger share, thus relieving the individual. Politicians preaching this are either deliberately dishonest, or economically illiterate, and either one should scare us. Business doesn't pay taxes, and who better than business to make this message known? Only people pay taxes, and people pay as consumers every tax that is assessed against a business. Begin with the food and fiber raised in the farm, to the ore drilled in a mine, to the oil and gas from out of the ground, whatever it may be -- through the processing, through the manufacturing, on out to the retailer's license. If the tax cannot be included in the price of the product, no one along that line can stay in business.”

— Ronald Reagan

“Don't go around saying the world owes you a living. The world owes you nothing. It was here first.”

— Mark Twain

Editorially Speaking

Once again, the vast majority of this issue is based on my writing. Remember, I greatly appreciate articles for this newsletter from members. I sure look forward to receiving more for our next issue.

I forgot to celebrate Morgen Dietrich winning the 2021 Smallbore Conventional Prone Championship, and there is a nice article here: <https://www.ssusa.org/content/morgen-dietrich-wins-2021-nra-smallbore-conventional-prone-national-championship/>

Travis Jorgenson won the 2022 Citizen's Military Pistol Trophy at the CMP Precision Pistol Championships. The results are here: [CMP Club & Competition Tracker | Match Display \(thecmp.org\)](#)

The 2022 National Junior Olympic matches were held. Some outstanding results can be viewed on the USA Shooting website: [Events | USA Shooting](#)
I was fortunate enough to attend the Junior Olympic Rifle matches at Hillsdale, and I enjoyed the matches a lot. Hillsdale provided a great venue with the cooperation and assistance of the CMP again.

Remember that our North Dakota clubs and their match directors are essential to the strong competitive shooting programs that we enjoy here in North Dakota. Support them any way that you are able.

Support by registering and competing at a match, so get out your rifle or pistol and do that. Also, consider offering to help with the match setup and operation.

ENJOY THE REST OF SUMMER 2022!

This is another reminder that the NDSSA has a Facebook page. We encourage members and match directors to forward/post their bulletins and results to that page. Here is the link: <https://www.facebook.com/North-Dakota-Shooting-Sports-Association-757181884660730>

"Firearms stand next in importance to the constitution itself. They are the American people's liberty teeth and keystone under independence ... from the hour the Pilgrims landed to the present day, events, occurrences and tendencies prove that to ensure peace, security and happiness, the rifle and pistol are equally indispensable ... the very atmosphere of firearms anywhere restrains evil interference — they deserve a place of honor with all that's good."

George Washington
First President of the United States

NDSSA is a small organization that gets a lot of good things done. We are always searching for people to [join us](#) as members or officers. If any of you have a prospective member, share your copy of our newsletter or help them fill out the membership application that is on page 4 and send it in to **P O Box 228, BISMARCK ND 58502-0228**.

"The Constitution shall never be construed to prevent the people of the United States who are peaceable citizens from keeping their own arms." Samuel Adams, Massachusetts Ratifying Convention, 1788

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Rick Jorgenson
4931 81st Ave. NE
Devils Lake, ND 58301

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Transition

Do we have enough people who are willing and interested to continue the competitive shooting sports in North Dakota?

For quite a few years now, we have been able to support and run strong junior rifle shooting programs in North Dakota. That is not the case with pistol.

It seems much easier to create and run a rifle program, but it really is not. In my opinion, the problem isn't the operation of the pistol program. Rather, it is a bit more complicated.

First of all, we need dedicated coaching. Outside of Bill Langer in St. John and Eric Pueppke, James Ladwig and to some degree Rob Sailer in Fargo, we do not have any dedicated coaches.

Second, there is still some social stigma attached to pistols. The laws regarding pistols in the hands of young people really don't help.

But most importantly, it seems that there is a real problem recruiting young people who are willing to put the incremental effort over time that it takes to become proficient in the competitive pistol competitions of air pistol, sport pistol, standard pistol and bullseye pistol. Shooting a pistol with one hand is rarely rewarding in the first few attempts. Of course, rifle is also rarely rewarding in the first few attempts. Still, it seems that there are fewer young people willing to put the effort into pistol.

The equipment required to shoot pistol competitively is very minor compared to rifle. It can be limited to an air pistol, some pellets, air, targets and a spotting scope. Compare that to the air rifle shooter who needs a scope stand, and offhand stand, a mat, kneeling roll, shooting clothing (coat, pants, shoes, and glove) and a bag to transport everything.

Smallbore pistol and rifle share the same basic equipment requirements, a .22 rimfire pistol and rifle, ammunition, targets, and all the rest.

The difference in cost for centerfire pistol and rifle is substantial in the area of ammunition and a place to shoot (50 meters or so for centerfire pistol and 600 to 1000 yards for rifle). The current lack of availability of good ammunition and the components to make it don't make competitive shooting easy either.

We are blessed with some fine ranges here in North Dakota for both indoor and outdoor rifle and pistol competition. Attendance for outdoor matches whether pistol or rifle is not anywhere near capacity. Indoor is a bit different for rifle competition, but pistol is not anywhere near capacity.

Our North Dakota active coaches and match directors are frankly getting old. Most every one of us are retired. While that makes it easier in one way, it is not sustainable without new coaches and people willing to run matches. Right now, I cannot think of any of our coaches or match directors who have children or other family members who are currently juniors in the rifle or pistol shooting sports.

I used to think that out of the many young people we have trained into this sport over the past 20 years or more we would see at least a fair number of them interested and willing to coach and run matches by now. That doesn't seem to be the case. While we have a few who are willing to help, if asked, there are almost none who want the responsibility of coaching or acting as match director.

I do not have a good solution for any of this. I for one don't plan to quit, but I do see the need for an orderly transition to fill the void that will be left when any one of our current active coaches or match directors do quit.

However, the Coach School and Pairs Clinic to be held at the Bismarck/Mandan Rifle and Pistol Association's indoor range in

Bismarck on October 20 - 23, 2022 is a good opportunity for those who may be interested in furthering their skill as a coach or competitive shooter.

These are two separate events. The Coach School will be held on Oct 20 and 21 (Thursday and Friday) followed by the Pairs Clinic on Oct 22 and 23 (Saturday and Sunday). An information flyer with additional details is on the last page of this newsletter. The focus of the coach school and pairs clinic is smallbore and air rifle shooting.

Summer - 2022

For a few (Used to be many more), the first matches of summer are the outdoor smallbore state championship matches at Grand Forks. This year, the weather was very decent; warm, sunny and gentle wind.

Katie Zaun set three new state 4 position records during her outstanding performance:

199-5 in Standing

200-14 in Kneeling

1193-71 for the Aggregate

She and Ryan Karrar fired an unbreakable tie at 200-15 in prone with all 4 bulls the same.

Katie also won the outdoor prone championship with a 1575-91. Hannah and Jacob Vaagen each fired an aggregate of 1566, but Jacob managed 74 centers vs Hannah's 60 for the win in Expert class.

The 200 yard prone match was fun with Hannah firing a 199-6. She was unable to adjust her sights high enough to center the target, so she had to shade the bull in order to hit the 10 ring. This was the first time that she ever shaded, and the results were rather outstanding. Hannah is the first lady to win the 200 yard prone state championship in the history of this match.

Many of you who chose not to attend this match missed a great opportunity to compete. I hope that you will put the date on your calendar for 2023. It would be great to have more competitors at the match next year. The Forks Rifle Club puts on a great match, and they would love to have more attend.

Rick Jorgenson

A good shot must necessarily be a good man since the essence of good marksmanship is self-control and self-control is the essential quality of a good man. Theodore Roosevelt

"The secret of getting ahead is getting started. The secret of getting started is breaking your complex overwhelming tasks into small manageable tasks, and starting on the first one."
— [Mark Twain](#)

In case of panic, sometimes it's often best to just aim at the damn bullseye!

2022 Summer/Fall Schedule of Opportunities

Aug 27, 28	ND High Power and M1 Garand State Champ w/Leg	Grand Forks	Denny Coulter	701-213-0238
Sep 1, 2, 3, 4	Cowboy Action - Annual Roughrider Roundup	Bismarck	Mike Ripplinger	701-223-3085
Sep 3, 4	ND State Outdoor State Champ, Leg Match (22 and Service Pistol)	Valley City	Jim Ladwig	701-484-5236
Sep 10, 11	High Power Long Range Regional, Conventional, F-Class	Bismarck	Tom Thompson	701-255-4601
Sep 17	John Bonnet Memorial WWI Vintage Rifle Match	Grand Forks	Tom Reiten	701-739-1988
Sep 17, 18	BPCR - Silhouette State Champ	Bismarck	Ken Heier	701-255-0675
Sep 24, 25	Mid-Range State Champ (Sat, convention and F-Class) Bruce Alexander Memorial Highpower (Sun)	Rolla	Coby Dalgliesh	701-370-0634
Sep 24	Varmint Rifle Benchrest Match	Bismarck	Doug Kitzan	701-214-1417
Sep 25	Military/Lever Action Silhouette	Bismarck	Dallas Quamme	701-426-3846
Oct 1	Register for the Air Rifle & Pistol Postal	Devils Lake	Rick & Connie Jorgenson	701-662-4760
Oct 1	Cowboy Action	Bismarck	Mike Ripplinger	701-223-3085
Oct 1, 2	Bismarck 23rd Annual Sighting-in Days - Public event	Bismarck	Tom Thompson	701-220-4601
Oct xx	Approved F-Class Mid-Range Prone Match	Grand Forks	Fred Martinez	701-212-3383
Oct 8	World War II Memorial Vintage Rifle Match	Grand Forks	Tom Reiten	701-739-1988
Oct 9	22 Blackpowder Cartridge Rifle Silhouette	Bismarck	John Horner	701-426-9305
Oct 15	Military/Lever Rifle Silhouette Match	Bismarck	Dallas Quamme	701-426-3846
Oct 16	Varmint Rifle Benchrest Match	Bismarck	Doug Kitzan	701-214-1417
Oct 23	Indoor Varmint	Bismarck	Mike Davis	701-220-2500
Nov 13	Military/Lever Rifle Silhouette Match	Bismarck	Dallas Quamme	701-426-3846
Nov 13	Cowboy Action	Bismarck	Mike Ripplinger	701-223-3085
Nov xxx	Air Rifle and Air Pistol Match	Ayr		
Dec 18	Open Air Rifle/Pistol Match	Devils Lake	Rick Jorgenson	701-662-4760

-Application-

North Dakota Shooting Sports Association

P O Box 228, BISMARCK ND 58502-0228

Also join via the web: <http://www.ndssa.org>

Yes, to protect my right to keep and bear arms; I would like to join the NDSSA and support the legislative efforts of the NDSSA.

My dues for a membership as noted are enclosed.

Please return this form. Print name and address as you wish it to appear in our records.

Name: _____ Phone: _____

Address: _____ E-Mail Address _____

Rifle _____ State: _____ ZIP: _____

City: _____

Membership Dues Schedule-(Effective May 1, 2015)

Silhouette			
Life.....\$500.00	One Year\$25.00	Clubs One Yr.....\$25.00	
5 Year....\$100.00	Junior - Under 21...\$10.00	Club 5 Yr..... \$100.00	

Interests

____ Legislation ____ Jr. Program

____ Hunting ____ Conservation

____ Collecting ____ Bullseye Pistol

____ Air

____ Hi-Power Rifle

____ Air Pistol ____ Smallbore

____ Police PPC ____ Other

____ Rifle

____ Pistol Silhouette

____ Hunter Safety

Make check payable to: North Dakota Shooting Sports Association and mail to above address. (May 1, 2015)

College

We have four outstanding young ladies graduating to attend college this fall.

Jordyn Ewine will attend Ohio State University and will compete as a member of their rifle team.

Katie Zaun will attend Texas Christian University and will compete as a member of their rifle team.

Hannah Vaagen will attend Mary College in Bismarck, and will make Tom Thompson and the Bismarck/Mandan Club very happy to have her shoot with them. It is all down the hill to the range for her from Mary College campus.

Emily Yoder has plans to attend North Dakota State University and shoot as a member of their pistol team.

Each of these young ladies has produced outstanding performances in their competitive shooting careers as high school students, and we wish them all even more success in their collegiate matches.

It seems unlikely that we will see Katie or Jordyn at any of our North Dakota matches, but we hope that Hannah and Emily find time to compete with us.

Getting over the hump

Most of us would like to buy success. That is hard to do, even though, there are many items of equipment that promise just that, and I have to admit that I am a fan of good equipment.

However, unless there is something specific about your shooting equipment that you don't like, stick with what you currently use. If you're not experiencing any problems that you can specifically identify as equipment related, then by purchasing the newest and greatest piece of shooting gear, you're probably not going to see any improvement in your score or performance. The only thing you will have done is spend a few hundred hard earned dollars to no effect.

Until you have reached 570 or even 580 with the air rifle you are currently shooting, any inconsistency from day to day and not being able to correctly call your shots consistently is not likely related to your equipment. Rather, it is mostly likely just a function of your current skill level. I expect that it's more likely that you will see improvement the more that you train, develop a positive attitude, and perfect the fundamental skills like acquiring your natural point of aim, trigger control, hold, and follow-through.

Pellet testing is nearly always worthwhile. Also, being aware of the exact manner/angle at which you cant the gun is very worthwhile. Differences in the rifle cant angle will have a significant influence on ultimate shot placement downrange. So if you're slightly inconsistent in the way you're canting your rifle, that inconsistent cant could account for some occasional shots that are off your call from what you expect.

Nearly all of the above applies to air pistol. Our best air pistol competitor still competes very successfully with the air pistol that he purchased used nearly 25 years ago. He also won the civilian trophy this year at Camp Perry with a pistol that Sam May built from parts back in the early 1990s.

In my opinion, you cannot dry fire too much, and almost all of us would benefit greatly by developing a consistent and quality follow through. Keeping a journal of your training match efforts and improving your shot plan is something that will offer more improvement the more consistently you journal and incorporate those improved steps that you find to work best.

Of course, there are many of you who would still like to just purchase success with the latest piece of equipment. If it makes you happy, just go for it.

Rick Jorgenson

Membership Status Change

The NDSSA Board of Directors voted at the September board meeting to change the timing of memberships from yearly to annual. This change was made to simplify the membership expiration and renewal process to match many other organizations and clubs. Renewal notices will be sent out only in January to all annual members, instead of monthly to members whose membership expires in that month.

All memberships will now become annual; running from January 1st to December 31st of the membership year. New junior, annual, and 5-year members that join after June 30th of a current membership year will not expire until December 31st of the following year (example – membership application received November 2021 would have an expiration date of December 31st, 2022). Current junior, yearly and 5-year member's membership expiration dates will be moved to December 31st of the year their current membership will expire. If you have any questions about your current membership or membership status, contact the membership secretary at membership@ndssa.org.

There is no change to Life memberships. If you are a current life member, I challenge you to help your organization by donating to the NDSSA's Midway Foundation account and encourage anyone you know to join NDSSA as a member.

Membership Secretary - Melissa Carson

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**The Official NRA State
 Association Newsletter**



This is the result of a telephone conversation that I had with Ken Witkowich, and I thought that you might find it interesting along with the letter he has endorsing his efforts from the Ukrainian Consul General that is copied on the next page.

Dear Rick,

Thank you for speaking with me a short while ago. Once again, for the benefit of your Board members, I am a retired Chief of Police and a Ukrainian-American. Since Ukraine was invaded, I have dedicated myself to helping defend Ukraine by obtaining equipment for the Ukrainian Armed Forces. Along the way, my efforts have been supported by the National Sheriffs' Association, the North Dakota Sheriff's and Deputies Association, and the North Dakota Highway Patrol. What I am asking from the North Dakota Shooting Sports Association is an acknowledgement of support for Ukraine that celebrates Ukrainian Independence Day (August 24, 2022) or possibly that entire week. If you think anybody could possibly put together an event, that would be an added bonus, but the real effort is to generate public support and sway corporate donations of equipment (especially boots and socks and winter apparel for the coming winter campaign). I have shooting range support in Arizona, Texas and Florida and hoping to grow the idea so that I can have a NRA article written about it. Below, please find a letter from the Ukrainian Consul General, which officiates my efforts. Although I work with many Ukrainian-American 501(c) (3) charities, the lead effort on this current drive is Ukraine Rises, EIN 88-2259838. I will get information to you about how to donate directly to the charity a.s.a.p., if that becomes a possibility, but as I stated the real focus is to gather support, generate a NRA article, and partner with corporate suppliers of surplus gear and equipment for the upcoming winter campaign in Ukraine.

Thank you and God bless you,

Ken Witkowich

(Home) 352-513-3733, (cell) 352-287-2536

ukraineneedsus@gmail.com

I still like this quote.

No possible rapidity of fire can atone for habitual carelessness of aim with the first shot. — Theodore Roosevelt, (26th President of the United States) - The Wilderness Hunter, 1893

**Генеральне консульство
України в Г'юстоні**

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**Consulate General
of Ukraine in Houston**

3040 Post Oak Blvd,
suite 1250, Houston, TX 77056

gc_ush@mfa.gov.ua

17 June 2022

Chief of Police (Retired) Kenneth Witkovich
4593 West Tomahawk Drive
Beverly Hills, Florida 34465
H: (352) 513-3733
C: 352-287-2538
Ukraineneedsus@gmail.com

Dear Chief Witkovich,

On behalf of the Government of Ukraine, I am writing to express our country's critical need for additional body armor, helmets and other personal protective equipment. For the last several months, our country has been fighting for its freedom in an unconscionable, unprovoked war of choice by the Russian government. As a democratic European nation, we proudly stand against the Russians' terror, not only for our own men, women and children, but in defense of all freedom-loving people around the world.

To this day, Ukraine suffers from a tremendous shortage of all personal protective equipment. We are asking for your support in helping us to secure the body armor, helmets and other protective gear that will help keep our brave men and women alive while they fight for freedom. Not only will this protective gear keep our military and police forces safe on the front lines, but it will also protect the more than 100,000 brave civilians that have joined our Territorial Defense Forces since the start of the war.

In coordination with our American 501(c)(3) not-for-profit partner, Ukraine Rises (EIN: 88-2259838), we are working to secure donated personal protective equipment from public and private entities of the United States of America. As a humanitarian aid partner to our country, Ukraine Rises is able to secure shipment and logistics of all donated items, and I can attest that they would be honored to have your partnership in securing this much-needed life-saving equipment.

The people of Ukraine will continue to defend our country and the democratic ideals, but we urgently need the support of dedicated individuals and organizations alike to continue doing so. I thank you in advance for your consideration and support.

With great respect,

Vitalii Tarasiuk

Consul General of Ukraine

Level 1 Rifle Coach School – Bismarck, ND October 20 and 21, 2022

The instructor is Bob Foth. Bob has been involved in the Shooting Sports for a long time. He is a 3-time Olympian and Silver Medalist from the 1992 Barcelona Olympics. He also holds several national and world records.

Level 1 Rifle Coach School – Bismarck, ND
October 20 and 21, 2022

The Bismarck/Mandan Rifle and Pistol Association will sponsor an NRA/USAS/CMP Level 1 Rifle Coach School (Smallbore and Air) on October 21 and 22, 2022, at the Association's indoor range in Bismarck, North Dakota.

In order to obtain your coaching credentials, you MUST attend both days.

The Level 1 class is the entry point for youth shooting sports coaching in the United States. This course is designed to give beginning/intermediate coaches the knowledge and confidence to coach beginning/intermediate athletes. This course will also teach adaptive shooting and equipment.

The Rifle Coach Instructor is Bob Foth. Bob is a 1992 Olympic Medalist, former USA Shooting National Paralympic and Rifle Coach, NRA/USAS/CMP Level 4 International Rifle Coach, and he is on the National Coach Development Staff for Rifle.

The course fee is \$300. You may pay by check or cash. Lunch will be provided. You must bring a 3-inch 3 ring binder for course materials and pen/pencil. There is a \$70 discount if you can bring a laptop computer and a flash drive for the course materials.

Further, there is a \$150 discount if you are a member of a club or organization that has a MidwayUSA Foundation Team Endowment.

Contact Tom Thompson at tthompson4895@gmail.com for additional information and to make payment for the course. The course is limited to 25 coaches and is expected to fill up quickly. You will not be confirmed in the school until your fee is received. More detailed information will be sent to you after you register on-line on NRA's website.

You MUST register for the course on NRA's website. It takes a bit to navigate to the point where you can register on NRA's website to sign up – follow this link to the sign-up on NRA's website -

<https://coach.nra.org/coach-development-schools/>

COACH and ATHLETE TRAINING CLINIC (Pairs Clinic)

October 22 and 23, 2022 - Bismarck, ND

Olympic Medalist and former National Rifle and Para Coach Bob Foth is resuming the highly successful Coach and Athlete "Pairs" Clinics. These clinics emphasize "why to" over "how to" in order to train coaches to optimize their interactions and long-term effectiveness while learning about positions, techniques, equipment as well as sport, mental and physical training, etc. These clinics are designed to help coaches at all levels, including beginners, and are particularly effective for coaches (and involved parents) who have been coaching for a while and/or completed a regular coach school (NRA/USAS/CMP Level 1 Coach Schools are also available) and those who wish to increase their proficiency applying that knowledge to help all their athletes. Because of Bob's unique combination of teaching, competing, coaching and youth and coach program experience applied in the clinics, the result is transformative for individuals and the programs they represent and will leave a legacy that impacts the participants for the rest of their time in the sport.

If you have additional questions on the Pairs Clinic – please contact Bob Foth:
bob.foth.19@gmail.com or (719) 338-9799

Dates: This clinic will be 2 days – October 22 (Saturday) and October 23 (Sunday), 2022. Class times will be approximately 8am – 5pm each day.

Location: Johnson Family Marksmanship Center, 4667 Sky Way, Bismarck, ND 58504

Cost: The costs is \$200 for the Coach and athlete. New for 2022: If your team has a MidwayUSA Foundation Team Endowment, you may be eligible for a subsidy for a Pairs Clinic or Level 1 or 3 Coach School from their Coach Training Endowment program!

Registration: To register for the clinic contact Tom Thompson at tthompson4895@gmail.com or call Tom at 701-220-4602. Please register by October 13, 2022.

Payment: Payment (cash or check) for the clinic can be made on the date of the clinic. Check should be made out to Bob Foth.

Additional Information: Athletes should bring their air rifle, smallbore rifle, ammunition, and all of their competitive shooting equipment. Shooting mats, offhand stands and spotting scopes will be available at the range. Air (for air rifles) will be available at the range. Bring your own fill adaptors. The clinic will focus primarily on air rifle.

Bob Foth Bio:

Sport: 1992 Olympic Silver Medalist – Men’s Three Position Rifle

Member of 1988, 1992 and 1996 US Olympic Teams

Winner of dozens of international medals in Air Rifle, Smallbore and 300 Meter Rifle

Six World Records

Over 100 National Records

16 Time member of US National Shooting Team (1985 – 2000)

Past Employment & Education:

Self Employed – Training Programs, Coaching, Marketing, Sponsor Relations

Interim National Rifle Coach– USA Shooting

National Paralympic Coach– USA Shooting

Manager of Youth and Coach Programs – USA Shooting

Director of Training – Civilian Marksmanship Program

Coach – William and Mary Rifle Team

Math and Physics Teacher – Lafayette High School